

SCHOOL LUNCH MENU
St. George Elementary & Westmoreland Elementary
 February 2012

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		Yogurt/toast Cooks Choice	Pancake Sausage Stick Grilled Cheese Sandwich Corn Chips Carrot Sticks Grapes	Biscuits & Gravy Crispito Peas Tossed Salad/drsg Hot Cinnamon Apples
6	7	8	9	10
Breakfast Pizza Chicken Pattie Mashed Potatoes/gravy Green beans Wheat Roll/jelly Orange Wedges	French Toast Sticks Taco Burger/bun Lettuce & tomato Refried Beans Chips/salsa Pears Chocolate Chip Cookie	Pancakes Hot Ham&Cheese Sand Tator Tots Broccoli/dip Grapes Chocolate Pudding	Pancake Sausage Stick Pepperoni Pizza Spinach Salad/drsg Garlic Bread Stick/marinara sauce Banana	Biscuits & Gravy Cheeseburger Mac Baby Carrots Whole Wheat Roll/jelly Applesauce
13	14	15	16	17
No School PK-6	Scrambled Eggs Hamburger/bun Sweet Potato Tots Fruit Cocktail Rice Crispy Bar	Coffee Cake Chili/Crackers Celery & Cucumber Chilled Pear Slices Cinnamon Rolls Orange Wedges	Pancake Sausage Stick Chicken Nuggets Mashed Potatoes/gravy Green Beans Strawberries & Bananas Hot Roll	Biscuits & Gravy Mr. Rib/bun Tri Tator Kiwi Cherry
20	21	22	23	24
Breakfast Pizza Chicken Wrap Lettuce/cheese Spanish Rice Steamed Carrots Mixed Fruit	Yogurt/toast Taco Salad Chips/salsa Corn Cinnamon Puff Pineapple Tidbits	Breakfast Burrito Chicken & Noodles Mashed Potatoes Green Beans Orange Wedges Hot Roll	French Toast Sticks Crisp Corndog Potato Wedges Broccoli/cheese Apple Pumpkin Bar	No School
27	28	29		
Breakfast Pizza Beef & Bean Burrito Lettuce/cheese Corn Chips/salsa Honey Apple Crisp	French Toast Sticks BBQ Beef/bun Cheesy Potatoes Baked Beans Orange Wedges Oatmeal Cookie	Egg McMuffin Chicken Fried Steak Mashed Potatoes/gravy California Blend Roll Banana		

Note: Every day at breakfast: Choice of juice or fruit and cereal in addition to menu item. Half pint cartons of milk offered with each meal—choice of skim, 1%, or 1/2% chocolate. All menus are subject to change without notice. This is an equal opportunity program. If you believe you have been discriminated against because of race, color, national origin, age, sex, or disability, write immediately to the Secretary of Agriculture, Washington, D.C., 20250.

SCHOOL LUNCH MENU
Rock Creek Jr Sr High School
 February 2012

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		Yogurt/toast Chicken Strips Rice Pilaf California Blend Veg Peaches Choc Cake * Pizza	Pancake Sausage stick Cooks Choice	Biscuits & Gravy Crispitos/cheese sauce Green Beans Tossed Salad/drsg Pears * Pizza
6	7	8	9	10
French Toast Stick Chicken Wrap Lettuce & Tomato Spanish Rice Steamed Carrots Mixed Fruit *Pizza	Breakfast Pizza Beef Nuggets Mashed Potatoes/gravy Corn Applesauce Hot Roll *Baked Potato	Coffee Cake Spaghetti w/Meat Sauce Garden Spinach Salad Garlic Bread Peaches * Pizza	Pancake Sausage stick Hot Dog Curley Q Fries Broccoli/cheese Pineapple Chunks	Biscuits & Gravy Chicken & Noodles Mashed Potatoes Green Beans Orange Wedges Hot Roll *Pizza
13	14	15	16	17
Breakfast Burrito Chili Corn Chips Celery & Cucumbers Cinnamon Roll Oranges Smiles *Pizza	Breakfast Pizza Chicken Nuggets Mashed Potatoes/gravy Fresh Broccoli Hot Roll/jelly Strawberries & Bananas *Baked Potato	Breakfast Lasagna Hamburger/bun Lettuce/tomato Sweet Potato Tots Fruit Cocktail Rice Crispy Bar *Pizza	Pancake Sausage stick Pork Patti/bun Tri Tator Corn Kiwi Cherry Crisp	Biscuits & Gravy Corndog Baked Lays Chips Green Beans Apple Wedges *Pizza
20	21	22	23	24
French Toast Sticks Beef & Bean Burrito Lettuce & Tomato Mexican Corn Salsa & Corn Tortilla Chips Hot Cinnamon Apples *Pizza	Breakfast Pizza BBQ Beef/bun Cheesy Potatoes Baked Beans Orange Smiles Oatmeal Cookie *Baked Potato	Sausage Biscuit Turkey & Cheese Sub Romaine Lettuce & Tomato Oven Fries Sliced Peaches Graham Snacks *Pizza	Pancake Sausage stick Chicken Fried Steak Mashed Potatoes/gravy Broccoli & Cauliflower Dip Hot Roll Banana *	No School
27	28	29		
Breakfast Pita Sausage Pizza Tossed Salad w/ Romaine/drsg Garlic Bread Stick w/Marinara Sauce Orange Wedges *Pizza	Breakfast Pizza Ravioli Green Pepper Strips & Fresh Baby Carrots Wheat Bread/jelly Applesauce Brownie *Baked Potato	Pancakes Oven Fried Chicken Mashed Potato/gravy Green Beans Hot roll Banana *Pizza		

*ala carte

Note: Every day at breakfast: choice of juice or fruit and cereal in addition to menu item. Every day at lunch: choice of deli sandwich or chef salad in lieu of main dish; fresh fruit available; extra main dish may be purchased for \$.75. Half pint cartons of milk offered with each meal-choice of skim, 1%, white or ½% chocolate. All menus are subject to change without notice. This is an equal opportunity program. If you believe you have been discriminated against because of race, color, national origin, age, sex or disability, write immediately to the Secretary of Agriculture, Washington, D.C., 20250.